

Making Sensory Of It All Resources

Websites:

Sensory Processing Disorder Resource Center

<http://www.sensory-processing-disorder.com/>

Includes a Sensory Processing Checklist:

<http://www.sensory-processing-disorder.com/sensory-processing-disorder-checklist.html>

Sensory Processing Disorder Foundation

<http://www.spdfoundation.net/>

Sensory Nanny

<http://sensorynanny.com/>

Sensory Stories

Stories to help children with sensory modulation issues to cope with everyday experiences.

<http://www.sensorystories.com/>

Information from the authors of Raising a Sensory Smart Child

<http://www.sensorysmarts.com>

Sensory Friendly Movies

<http://www.autism-society.org/site/PageServer?pagename=sensoryfilms>

SticKids

A software and activity kit for creating trackers, planners, games and activity cards for daily functional events, sensory diets and cognitive self regulation events.

<http://stickkids.com/>

Sensory Processing and Self-Regulation: A Guide for Teachers

<http://www.drcheng.ca/page1/page1.html>

Link at bottom of page under Regulatory-Sensory Processing Disorders for download.

How is Your Bucket?

A free, self-regulation program for children/youth.

<http://www.drcheng.ca/page1/page1.html>

Link at bottom of page under Regulatory-Sensory Processing Disorders for download.

Mood Scales

All Ages, pictures of faces showing different feelings that can be used to help children and youth express how they are feeling. Includes self-regulation concepts such as under- and overstimulation.

http://www.drcheng.ca/page1/assets/mood_scales-facesforallages.pdf

Website with this handout online (links will be active in the online document)

<http://www.judyhelps.net/workshophandouts.htm>

Books:

Sensational Kids: Hope and Help for Children with Sensory Processing Disorder by Lucy Jane Miller

My Sensory Book by Lauren Kerstein

Parenting a Child with Sensory Processing Disorder: A Family Guide to Understanding & Supporting Your Sensory-Sensitive Child by Christopher R. Auer and Susan L. Blumberg

Raising a Sensory Smart Child: The Definitive Handbook for Helping Your Child with Sensory Processing Issues by Lindsey Biel and Nancy Peske

Tool Chest for Teachers, Parents and Students Handbook by Diana Henry

Tools for Teens by Diana Henry

Tools for Teens: Strategies to Promote Sensory Processing (Sensory Integration) by Diana Henry, Tammy Wheeler, and Deanna Iris Sava

Tools for Tots: Sensory Strategies for Toddlers and Preschoolers by Diana A. Henry, Maureen Kane-Wineland, and Susan Swindeman

Introduction to How Does Your Engine Run?: The Alert Program for Self-Regulation by Mary Sue Williams and Sherry Shellenberger

How Does Your Engine Run? Leader's Guide to the Alert Program for Self Regulation by Mary Sue Williams and Sherry Shellenberger

The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder by Carol Kranowitz

The Out-of-Sync Child Has Fun, Revised Edition: Activities for Kids with Sensory Processing Disorder by Carol Stock Kranowitz

Take Five!: Staying Alert at Home and School by Mary Sue Williams

Sense Abilities: Understanding Sensory Integration by Maryann Colby Trott

Building Bridges by Ellen Yack

The Sensory-Sensitive Student: Practical Solutions for Out-of-Bounds Behaviour by Karen A. Smith

Incredible 5-Point Scale: Assisting Students with Autism Spectrum Disorders in Understanding Social Interactions and Controlling Their Emotional Responses by Kari Dunn Buron

A "5" Could Make Me Lose Control! An activity-based method for evaluating and supporting highly anxious students by Mitzi Curtis

Arnie and His School Tools by Jennifer Veenendall

Why Does Izzy Cover Her Ears? Dealing with Sensory Overload by Jennifer Veenendall

Article:

Sensory Diet Applications and Environmental Modifications: A Winning Combination by Victoria L. Nackley
http://www.henryot.com/news/sensory_diet_applications_review.asp

Resources about Movement:

Research:

Mahar M., Murphy S., Rowe D., et al. (2006) Effects of a Classroom-Based Program on Physical Activity and On-Task Behavior. *Medicine and Science in Sports and Exercise*, 38(12), 2086-2094.

Evenson K., Ballard K., Lee G., et al. (2009) Implementation of a School-Based State Policy to Increase Physical Activity. *Journal of School Health*, 79(5), 231-237, May 2009.

The Active Education: Physical Education, Physical Activity and Academic Performance Research Brief summarizes the latest peer-reviewed research on the relationship between physical activity and academic performance among children and adolescents. (Summer 2009)

http://www.activelivingresearch.org/files/Active_Ed_Summer2009.pdf

Web Resources:

Articles related to the positive effects of movement based programs and physical education.

www.activelivingresearch.org

Brain Gym PACE

<http://esl.about.com/od/englishlessonplans/a/braingym.htm>

Action Based Learning by Jean Blaydes Madigan

<http://www.abllab.com/>

Mini Movement Breaks

<http://www.yourtherapysource.com/minimove.html>

Motor Moms and Dads

<http://www.motormomsanddads.com/>

Books:

Brain Gym: Simple Activities for Whole Brain Learning by Paul E. Dennison and Gail E. Dennison

Brain Gym and Me - Reclaiming the Pleasure of Learning by Paul E. Dennison

Hands on: How to Use Brain Gym in the Classroom by Isabel Cohen and Marcelle Goldsmith

I Am the Child: Using Brain Gym with Children Who Have Special Needs by Cecilia K. Freeman

Smart Moves: Why Learning Is Not All in Your Head by Carla Hannaford

SPARK: The Revolutionary New Science of Exercise and the Brain by John J. Ratey & Eric Hagerman

Miscellaneous Resources Mentioned During Presentation:

Irlen Method for using colored overlays

<http://irlen.com/>

OT Plan

Get activity ideas

<http://www.otplan.com/>

Temple Grandin's Teaching Tips for Children and Adults with Autism

<http://www.iidc.indiana.edu/irca/TempleGrandin/TeachingTips.html>

Chewing Gum Activates Your Brain

<http://ezinearticles.com/?Forget-What-You-Heard-in-School,-Chewing-Gum-Activates-Your-Brain&id=198507>

Scent Inhalers

<http://www.earthsolutions.com/>

Resources for purchasing the low tech items discussed:

<http://www.judyphelps.net/lowtech.htm>